

BREAST MILK GUIDELINES

The times of feeds are recorded on the bottle chart.

Bottles are brought in everyday by parents and **must be stored in the fridge. Bottles are to be labelled with the child's name.**



Wash hands and wear disposable gloves when preparing the bottle.

These are provided in the box in the milk kitchen.

- Bottles are to be warmed by placing boiled water from the kettle into a jug and standing the bottle into the water for a few minutes.
- The temperature is then checked using the provided thermometer **and must not be hotter than 37°C, a little lower is fine.**
- Turn the teat around for feeding.
- **DO NOT TEST ON SKIN/WRIST.**
- Once a bottle has been drunk from, any remaining breast milk should be used within an hour.

After testing with the thermometer, use probe wipes to clean.

All equipment (gloves, probe wipes, probe and thermometer) is on the shelf in the milk kitchen).

Used bottles are to be placed in the child's bag and **are not washed up** by staff in nursery.

Used gloves are to be placed in the nappy bin as they have been in contact with body fluids.

Wash hands and record feed on the diary page.