

NORTH STAR NURSERY SUMMER MENU

Dishes in red contain meat/fish/gelatine
Dishes in green are vegetarian

MENU 1

DAY	LUNCH	AFTERNOON TEA
Monday	Macaroni cheese with carrots and courgette	Hot dogs with onions and ketchup
	Yoghurt and honey	Fruit
Tuesday	Quiche with potatoes and vegetables/side salad	Beans on toast
	Fruit flan and evaporated milk	Fruit
Wednesday	Roast turkey/chicken with boiled potatoes, broccoli and carrots	Sandwiches, cheese scones and cherry tomatoes
	Tropical fruit salad	Fruit
Thursday	Vegetable casserole and rice	Tuna pasta salad
	Lemon crunch	Weetabix loaf and fruit
Friday	Cod in white sauce, tagliatelle and mixed vegetables	Crackers with cheese and pickle, crudités
	Bread and butter pudding	Fruit

MENU 2

DAY	LUNCH	AFTERNOON TEA
Monday	Fish fingers, potatoes and baked beans	Homemade vegetable pasties
	Rice pudding and jam	Fruit
Tuesday	Chicken korma with rice	Jacket potato with tuna and cucumber
	Fruit jelly and ice cream	Fruit
Wednesday	Beef cottage pie with mixed vegetables	Spaghetti hoops with toast
	Pineapple upside down pudding and evaporated milk	Fruit
Thursday	Soya meatballs with spaghetti	Fajitas (chicken) Cold meat
	Fruit and custard	Fruit
Friday	Sausage plait with broccoli and new potatoes	Sandwiches
	Blueberry crumble and ice cream	Fruit

NORTH STAR NURSERY SUMMER MENU

Dishes in red contain meat/fish/gelatine

Dishes in green are vegetarian

MENU 3

DAY	LUNCH	AFTERNOON TEA
Monday	<p style="color: red;">Ham, green beans and peas with roast potatoes</p> <p style="color: green;">Yoghurt and honey</p>	<p style="color: green;">Savoury scones, cheese and cucumber</p> <p style="color: green;">Fruit</p>
Tuesday	<p style="color: red;">Fish pie with carrot and swede</p> <p style="color: green;">Apple strudel with evaporated milk</p>	<p style="color: green;">Ploughman's tea</p> <p style="color: green;">Fruit</p>
Wednesday	<p style="color: green;">Vegetable lasagne with peas and sweetcorn</p> <p style="color: green;">Banana split</p>	<p style="color: green;">Jacket potato with baked beans</p> <p style="color: green;">Fruit</p>
Thursday	<p style="color: red;">Sausages, chips and spaghetti rings</p> <p style="color: green;">Fruit sundae</p>	<p style="color: green;">Cheese on toast with salsa</p> <p style="color: green;">Fruit</p>
Friday	<p style="color: green;">Soya chilli con carne with rice</p> <p style="color: red;">Fruit trifle</p>	<p style="color: green;">Cauliflower and broccoli bake</p> <p style="color: green;">Fruit</p>

MENU 4

DAY	LUNCH	AFTERNOON TEA
Monday	<p style="color: green;">Canelloni filled with soya mince in a tomato sauce</p> <p style="color: green;">Fruit puree and ice cream</p>	<p style="color: green;">Potato / sweet potato wedges with cheese and coleslaw</p> <p style="color: green;">Fruit</p>
Tuesday	<p style="color: red;">Lamb casserole with rice</p> <p style="color: green;">Semolina and fruit puree</p>	<p style="color: red;">Tuna pasta bake</p> <p style="color: green;">Fruit</p>
Wednesday	<p style="color: red;">Fish in breadcrumbs, boiled potatoes, peas and carrots</p> <p style="color: green;">Cold fruit pie with evaporated milk or custard</p>	<p style="color: green;">Ravioli on toast</p> <p style="color: green;">Fruit</p>
Thursday	<p style="color: green;">Vegetable layer bake with salad</p> <p style="color: green;">Strawberry dessert</p>	<p style="color: red;">Sausage rolls and veggie puffs with crudites</p> <p style="color: green;">Fruit</p>
Friday	<p style="color: red;">Turkey chow mein with noodles</p> <p style="color: green;">Fruit cocktail and yoghurt</p>	<p style="color: green;">Sandwiches</p> <p style="color: green;">Chocolate cake Fruit</p>